

Take Time to Speak with Your Veterinarian about Your Pet's Weight



More than **HALF** of dogs and cats in the United States are overweight or obese

MANAGING YOUR PET'S WEIGHT MAY ALLOW HIM OR HER **BETTER QUALITY OF LIFE** FOR A LONGER PERIOD OF TIME.

THIS CAN LEAD TO SERIOUS HEALTH CONDITIONS, SUCH AS:

MOBILITY PROBLEMS

DIABETES

HEART CONDITIONS

SIMPLE TIPS TO KEEP YOUR PET'S WEIGHT IN CHECK:



Talk to your veterinarian about your pet's caloric needs. Follow veterinarian's feeding directions and weigh out food at mealtime.



Be mindful of how many other calories your pet consumes by keeping a food log that includes foods such as:

- Special treats
- Tablescraps
- Toppers on food



Find fun exercises with your pet! Talk with your veterinarian for exercise and playtime ideas.

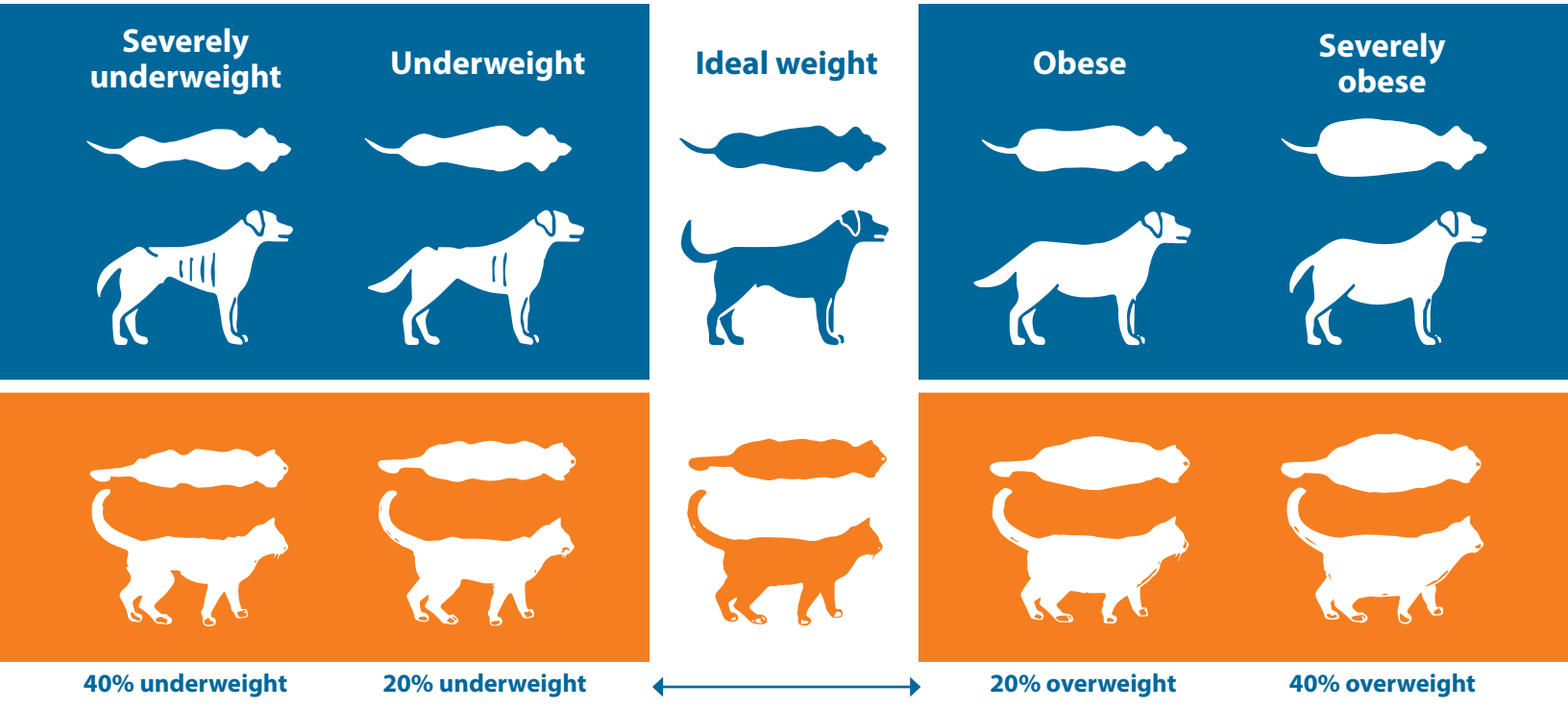
SPEAK WITH YOUR VETERINARIAN TO MAKE SURE YOUR PET IS AT A HEALTHY WEIGHT AND CONFIRM FEEDING AMOUNT.



Learn more tips at www.petfoodinstitute.org



BODY CONDITION SCORE CHARTS



PET INFORMATION

Owner Name _____

Pet Name _____

Today's Weight _____

Today's Body Condition Score _____

Diet Recommendation _____

kcal/day _____

Goal Weight _____

Recheck Date _____

FOOD LOG

Date	Food Type	kcal/meal or treat	# of times fed/day