Take Time to Speak with Your Veterinarian about Your Pet’s Weight

Managing your pet’s weight may allow him or her better quality of life for a longer period of time.

This can lead to serious health conditions, such as:
- Mobility problems
- Diabetes
- Heart conditions

Simple tips to keep your pet’s weight in check:

Talk to your veterinarian about your pet’s caloric needs. Follow veterinarian’s feeding directions and weigh out food at mealtime.

Be mindful of how many other calories your pet consumes by keeping a food log that includes foods such as:
- Special treats
- Tablescraps
- Toppers on food

Find fun exercises with your pet! Talk with your veterinarian for exercise and playtime ideas.

Speak with your veterinarian to make sure your pet is at a healthy weight and confirm feeding amount.

Learn more tips at www.petfoodinstitute.org
Owner Name __________________________

Pet Name _____________________________

Today's Weight _________________________

Today's Body Condition Score ____________

Diet Recommendation ____________________

______________________________________

kcal/day _______________________________

Goal Weight ____________________________

Recheck Date ____________________________